

## Free Diabetes Screening – November 11 at Emerson Hospital November is National Diabetes Awareness Month

More than 29 million Americans have diabetes yet one in four people do not know they have it, according to the Centers for Disease Control. In recognition of November as National Diabetes Awareness Month and to help educate people about diabetes and see if they have the disease, Emerson Hospital is hosting a free diabetes screening on Tuesday, November 11.

Screenings will take place at Emerson Hospital between 6:45 am – 8:15 am. The sessions are in the early morning because the finger prick test needs to be done as a fasting screening - on an empty stomach. Participants can go through the main hospital entrance at 133 Old Road to Nine Acre Corner in Concord and proceed to the corridor near the hospital's main cafeteria, the North Bridge Café.

If you have a family history of diabetes or want to learn more about the disease, stop by for the screening and information. Following the screening, coffee and breakfast foods will be available for sale at the North Bridge Café in the hospital.

For more information, please contact Cheryl Laundry, diabetes educator, at <a href="mailto:claundry@emersonhosp.org">claundry@emersonhosp.org</a> or 978-287-8590.

Emerson Hospital is Bedford's designated Community Hospital.