

The Bedford Garden Club

Herbal Gardening for Kitchen, Beauty and Health

September 8 at 9:30 am

In the Flint Room at Town Center



For the Bedford Garden Club's first meeting of the year, Hortense McCarthy will present *Herbal Gardening for Kitchen, Beauty and Health* in the Flint Room at Town Center on September 8, 2015, at 9:30 am.

Ms. McCarthy will discuss growing herbs, preserving and storing herbs properly, as well as herbs grown in the kitchen for cooking. Come and learn how to make infusions, teas, tinctures and much more. Growing up in Germany, her knowledge of herbs has been passed down through the generations. She has grown herbs for 35 years and has a great respect for their culinary, medicinal and beautification purposes. She is well known in Cohasset for her artisan soap making.

Bedford Garden Club meetings are open to the public. Please note we are in a different meeting place for this meeting.

Any questions, call 781-275-8794, or view our website at: www.bedfordgardenclub.org.