

ROBERT SEITZ
SEPTEMBER 8, 2022



Robert Seitz

Robert Seitz passed away on September 8th, 2022. He was 85 and resided at the Rogerson House, assisted living for memory care in Jamaica Plain, Massachusetts.

Born on March 22, 1937 to Robert Seitz and Ruth Adele Tuck, Bob grew up in Westport, Connecticut, where he was a young musician and athlete. After graduating from Staples High School, he earned a B.S. in Mechanical Engineering from Lehigh University in 1958. He attended graduate studies at Case Institute of Technology in Cleveland, and later became a Registered Professional Engineer in New York and Massachusetts.

Bob joined the United States Navy in 1961, discharged honorably with the rank of Lieutenant in April, 1965. He served on the destroyer USS Taussig in western Pacific operations and on the Admiral's staff in San Diego, where he met his wife, Sandra Armbruster. They settled in Boston where Bob worked for Stone & Webster Engineering Corp. designing control systems for nuclear power plants. He remained an advocate for the use of nuclear energy in fighting climate change his entire life.

In 1970, Bob left the corporate world to become a woodworker. He started his own design-build firm, Interior Woodwork, providing custom work on additions, remodeling and special projects that drew on his unique problem-solving skills. He mentored vocational school students and worked closely with architects and other craftspeople. Gradually, Bob concentrated his work on cabinetmaking, using innovative European techniques. His house and workshop in Tyngsboro Mass, reflected 50 years of his aesthetic, attention to detail, and care for tools and machines.

Bob was a member of First Parish Unitarian Universalist congregation in Bedford, Massachusetts, where he was an enthusiastic member of the choir and served on the church investment committee. He completed several commissions for the church, including the Wayside Pulpit, the case for name tags, and threading the bell rope from the belfry to the narthex.

Bob shared his lifelong love of the outdoors through hiking, canoeing, sailing and explorations on foot and by car. His eye was always open to unexpected beauty and his ear attuned to friendly conversations with everyday people. Bob and Sandra had many adventures and Bob took his son Evan on long, rambling trips cross country from seashore to mountain top.

Pledging he would "never retire," Bob was eventually slowed by Frontotemporal Dementia and Primary Progressive Aphasia. He is survived by his wife of 56 years, Sandra, their son Evan, his niece Susan Richmond and nephew Robert Richmond. His sister, Judith Seitz Richmond, died on March 5th, 2021.

Celebration of Life service on Sunday, September 25, at 12:00 noon, followed by luncheon reception, at the First Parish Unitarian Universalist, 75 Great Road, Bedford, Massachusetts.

No flowers, please. Donations in honor of Bob may be made to the climate justice group *The Sunrise Movement* at sunrisemovement.org/donate.